Bystander Questions and Skit Idea

Stage an unannounced mock fight between the RA's/presenters as the Intro →

Mock Fight Questions:
- What just happened?
- Did that make anyone uncomfortable? In what ways/why?
- Did you think of stepping up/in to intervene?
- What kept you from stepping up/in to intervene?
- What's something that anyone here might have done to step up/in to intervene?

Video One - Bike Thief Debrief:
- Did that make anyone uncomfortable? In what ways/why?
- What you have done? What would you have done if you weren't afraid of negative consequences?
- What might have prevented you from taking action?

Video Two - Peer Pressure & Assault:
- What were times you felt the people in the video were being bystanders? or, where could others have taken action?
- What action(s) do you think could have been taken for each of those scenarios?
- What reasons might have kept you from taking action in those scenarios?
- Do you feel better equipped to approach bystander situations and take action?

(Optional) Mini Role Play Skit:
- What are some scenarios where you’ve been a bystander? What kept you from taking action?
- Let’s act one out! Who would like to take action in this assisted challenge by choice scenario? Remember, you can time-in and -out and this is just practice.

End Assessment:
- Do you feel more comfortable about standing up and/or taking action?

Tips on what to do:
- It never hurts to ask…

During:
- Name or acknowledge an offense
- Point to the “elephant in the room”
- Interrupt the behavior
- Publicly support an aggrieved person
- Encourage dialogue
- Help calm strong feelings
● Call for help

After the fact:
● Privately support an upset person
● Talk privately with the inappropriate actor
● Report the incident, with or without names

Steps to Becoming an Active Bystander:

● Notice the situation: Be aware of your surroundings.
● Interpret it as a problem: Do I recognize that someone needs help?
● Feel responsible to act: See yourself as being part of the solution to help.
● Know what to do: Educate yourself on what to do.
● Intervene safely: Take action but be sure to keep yourself safe.

Being an Active Bystander also means:

● Examining my own behavior and attitudes. What do I do well? What could I improve?
● Watching my words, because they have power.
● Watching out for each other.
● Supporting survivors.
● Getting involved, getting educated.