Moving Through Autonomy Toward Interdependence

Differentiation Process

Integration Process

Emotional Independence

Instrumental Independence

Interdependence
Developing Competence

- Intellectual Competence
- Physical/Manual Competence
- Social Interpersonal Competence

Differentiation Process
Integration Process
Managing Emotions

Control by External Rules of Heritage

Control by External Norms of Peer Group

Control by External Norms of Self

Awareness Emotions Legitimate

Acting on Emotions

Feedback on Actions

Internal Integrated Control

Differentiation Process

Integration Process
Establishing Identity

Integration Process:
Synergetic Process of Integrating Vectors 1, 2, 3 & 4

→ Sexual Identity Integrated & Accepted
→ Body Acceptance
→ Kinds Experiences, Levels Intensity, Levels Frequency
Developing Integrity

- **Humanizing Values** — Rules and their purposes do not have absolute connections
- **Personalizing Values** — Values are internalized
- **Developing Congruence** — Behavior and values are congruent
Developing Purpose

- Vocational Commitment
- Avocational Interests
- Life Styles
- Values

Integrated into Initial Commitment for Adult Stages
Developing Mature Interpersonal Relationships

- Depth of Intimacy & Fewer Stereotypes
  - Friendships
  - Significant Other Person
  - Culturally Different