Chickering's Seven Vectors
Possible Programs in Residence Halls

VECTOR 1- Developing Competence
Study Skills Workshops
Assertiveness Training
Time Management
Communication Skills
Alcohol Education
Floor/Hall Party
Note/Test Taking
Weight Training
College Bowl Competition
Aerobic Program

VECTOR 2- Managing Emotions
Conflict Resolution
Human Sexuality
Dealing with Depression/Loneliness
Developing Friendships
Racial Awareness
Maintaining Long Distance Relationships
Communication Skill Workshops

VECTOR 3- Moving Through Autonomy Toward Interdependence
Decision Making Skills
Whose Life Is It - Your Values vs. Your Parents
Your Legal Rights
Student Rights and Responsibilities
Money Management
Developing Confidence
Debates on Social Issues
Improving Communication Skills
Values Clarification

VECTOR 4- Developing Mature Interpersonal Relationships
Handicap Awareness
Exploring Religious Options
Living with a Black/White Roommate
Fraternities and Sororities
Motherhood vs. Career

VECTOR 5- Establishing Identity
Values Clarification
Sex Role Awareness
Leadership Workshops
Power of Positive Thinking
Wellness
Developing leisure time activities

VECTOR 6- Developing Purpose
Life Planning Workshops
Career Planning
Job Search Strategies
Interviewing Skills
Parenting
Aspect of Aging
Setting and Achieving Life Goals

VECTOR 7- Developing Integrity
Values Clarification Workshops
Ethnic Awareness Programs
Alcohol and Drug Awareness
Discussion Sessions
Decision Making: Examine the Alternative
Chickering's Seven Vectors
Possible Problems in Residence Halls

VECTOR 1- Developing Competence
- Inappropriate Social Interactions
- Experimenting with Alcohol & Drugs
- Failure to see logical consequences of actions
- May be aggressive in interactions with others
- May be passive in interactions with others
- Unable to effectively communicate with others
- Experimenting with sexuality

VECTOR 2- Managing Emotions
- Roommate and other interpersonal conflicts
- Lack of self-control - Peer influence
- Fail to accept responsibility for actions
- Overly emotional
- May have difficulty with persons of different race/culture/sexual orientations

VECTOR 3- Moving Through Autonomy Toward Interdependence
- Emotional dependency
- Problems with parental control
- Problems with authority figures
- Values crisis - what is right and wrong
- Developing self-confidence

VECTOR 4- Developing Mature Interpersonal Relationships
- Stereotypes
- Dating relationships
- Changes in friendship patterns

VECTOR 5- Establishing Identity
- Sexual Orientation issues
- Establishing personal values system
- Body acceptance
- New parental relationship
- Acceptance of personal responsibility

VECTOR 6- Developing Purpose
- Need for direction
- Application of personal values system
- Vocational commitment

VECTOR 7- Developing Integrity
- Decisions about life plans
- Congruence between values and actions
- Connecting rules and their purposes